



MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist Churches

The Most Holy Trinity – 26th May 2024



Gospel Reflection

Ordinary Time resumes with the Solemnity of the Holy Trinity. Originating in France in the eighth century, the observance was adopted by the universal Church in 1334. Today's celebration focuses on the essence of our faith: the revelation of God as Creator, the climax of his creation in Jesus the Redeemer, the fullness of the love of God poured out on us in the Sustainer Spirit.

Today's Solemnity of the Holy Trinity celebrates the many ways God makes his presence known in our lives, in the manifestations of his love in our lives and our world. This Sunday of the Trinity invites us to look with a new awareness to behold God in our midst: God is the Father and Creator of all life, including our very selves, who fashions every molecule and atom that nurtures and sustains our lives; God is the Son and the Brother, the Redeemer who teaches us the unfathomable love of the God we seek; God is the Spirit of that love that creates and enables us to break out of the isolation that entraps us and become family and community.

Before returning to God, the Risen Jesus commissions his fledgling church to teach and baptize in the name of the Holy One who reveals himself as Father, Son and Spirit. In faith centered in our covenant with the Triune God we find our identity as the people of God.

Connectionmediaworks.com

Livestreaming on Facebook Sunday 8:30am Mass
[manlyfreshwaterparishfacebook/videos](https://www.facebook.com/manlyfreshwaterparish/videos)

Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our MANLY community.

MANLY FRESHWATER PARISH
CORDIALLY INVITES YOU TO THE



Installation Mass of
Rev. Fr. Chima Ofor

as Parish Priest
by Most Rev. Anthony Randazzo, DD JCL

SUNDAY | JUNE, 9 | 10.30AM MASS



Mary Immaculate & St Athanasius Catholic Church
6 Raglan Street, Manly

RSVP: 3 June - manlyfreshwaterparish@bbcatholic.org.au



INVITATION TO CELEBRATE FR CHIMA'S INSTALLATION

Mary Immaculate & St Athanasius Church Manly

Sunday 9 June at 10:30am Mass followed by lunch.

We invite you to come along and celebrate Fr Chima's installation as Parish Priest with Bishop Anthony Randazzo.

RSVP: 3/6/2024 to Parish Office 9977 5822 or manlyfreshwaterparish@bbcatholic.org.au



LET US PRAY FOR

26th May 2024

Recently Deceased: William (Billy) Kerrigan;
Dr Terence Horgan; Carmela Severino;
Christine Robertson

Anniversary: Anita Lo Cascio; Ana Lim Sia; Sam
Sia; Clementina Yao; Ernesto Go; Matilde Balagtas

Prayers for the sick in our parish: "Lord, grant them and their carers strength and courage" Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Pat Smith; John Connors; Don Hews; Joan Jacobs; Paul Donnelly; Julie Wallis; Lyn Hillard; Ian Flynn; Jake Usher; Wayne Smedley; Apolinar Anasarias; Kay Flenady; Annette Frances O'Leary; Anna Kalayzich; Veronica Rinaldo; Chinnamma Puliparambil; Rena Cull; John Santos; Shirley Ford; Mary Hetenyi

Dates to remember...

- **Alpha commences** Monday 27 May 7pm
- **PPC Meeting** Thursday 30 May 5:30pm
- **SMM Class Mass** Thursday 30 May 9:15am
- **SJB Class Mass** Friday 31 May 9:15am
- **Stella Maris School Mass** Friday 31 May 9:30am
- **Spanish Prayer Group** Friday 14 June 6pm
- **Youth Group (Yrs 7 – 12)** Sunday 2 June 7pm – 9pm
- **Cenacle of Our Lady**
Manly: Tues 9:45am; Freshwater: Wed 9:45am



CAN'T GET TO MASS ON SUNDAY AND WANT TO RECEIVE HOLY COMMUNION?

Many of you have not been able to come back to Mass on Sunday for different reasons. If you would like one of the Priest to visit you at home, please ring the parish office on 9977 5822.



EUCCHARISTIC ADORATION IN MANLY ON WEDNESDAYS – 6pm – 7.30pm

Quiet Prayer, Adoration and reconciliation will be available

6pm – 7pm concluding with **Benediction**



Pope Francis Prayer Intention for May – For The Formation Of Men And Women Religious And Seminarians

Let us pray that men and women religious and seminarians, grow in their own vocational journey through human, pastoral, spiritual and community formation, that leads them to be credible witnesses of the Gospel.



YOUTH GROUP GATHERING

We welcome all youth who are in High School (Yr 7 – Yr 12) to come along and join the Manly Freshwater Parish Youth

Group which is held every **1st and 3rd Sunday** following the 6pm Mass (7pm – 9pm). Join us for free food and drinks, table tennis, basketball, party games, talks and new friends! Feel free to check out our instagram or send us an email!

Email: manlyfreshwatercatholicyouth@gmail.com

Instagram: [manlyfreshwater_catholicyouth](https://www.instagram.com/manlyfreshwater_catholicyouth)

THINGS YOU DIDN'T KNOW ABOUT THE MASS.

The hidden treasure - the most unnoticed moment

One of the greatest struggles in the Christian life is when the Lord permits us a trial that we - just don't get. Perhaps it's the death of someone close, or when someone brings out our worst insecurity, or when we battle with a sin that... well, just keeps coming back.



And particularly when this struggle of ours takes time, we can get to a point where we lose hope, and turn to God, and say "Lord, why don't you just remove this struggle from me? How much longer must I endure it? What good could possibly come from this?!"

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Friends, may I propose that there is a *moment* in the Mass that is so helpful for these trials. I mean that. It is an unnoticed moment, almost hidden. A secret gem in the treasure chest, I like to think.

Because each Mass, there's this moment – largely unnoticed – when the acolyte goes over to the credence table, and brings over the bread and wine and water to the altar, for the offering. Sometimes this is done with a procession; other times simply from the credence table. Either way, the bread, water and wine are brought over to the altar.

And I know it seems like such an insignificant moment, but friends, at *this moment*, we, as Christians, can offer ourselves – our very being – every part of us, including our struggles – we can unite *ourselves* to the bread and wine and water. We can unite every part of us: our hopes for the future, our work, our joys, our sufferings, and *especially* our struggles. We can unite our deepest struggles to the offerings of the bread and water and wine.

WE become the offering. WE become the sacrifice, offered up to God, united with the Perfect Sacrifice of Jesus Christ, upon the altar.

Friends, do you not see how profound this is! Do you see what this means! Oh, how I wish I could leap from this page to tell you in the flesh!

+++

When we do this, when we unite *ourselves* to the bread and water and wine, every part of us, including our struggles, then – then – through that great miracle, when the bread and wine becomes the Body and Blood of Christ, then, we can then *receive* Our Lord into that very *place* that we just offered!

Imagine that, the very *place* in us that we just emptied out, that struggle we've been facing, that we empty out and give to God – we then *receive* the Holy Eucharist into that very *place*! Jesus Christ *enters into* the very place that we just emptied!

Not only then does Jesus Christ give us new strength for our trial, but moreover, Our Lord in turn helps us to carry our cross. Try it this week and see what I mean.

May God bless you.

Seminarian Matthew.

ALPHA IS A SAFE SPACE WHERE YOU CAN ASK QUESTIONS ABOUT LIFE, FAITH AND MEANING



Alpha

THERE'S A SEAT FOR YOU AT THE TABLE

WATCH



SCAN ME

KNOW MORE



SCAN ME

BOOK



SCAN ME

ALPHA STARTS AT 7PM ON 27 MAY 2024

Parish Meeting Room, St Mary's Manly, 6 Raglan St

Registration essential - electronic and paper options are available

WALK WITH CHRIST

FEAST OF CORPUS CHRISTI

2ND JUNE SUNDAY 2024

CATHOLIC ARCHDIOCESE OF SYDNEY
Catholic Communities + Crematoria
Aid to the Church in Need
ACN AUSTRALIA NEW ZEALAND

VISIT: SYDNEYCATHOLIC.ORG/WALKWITHCHRIST

FESTIVAL: Martin Place from 1:00PM.
PROCESSION: Begins at 2:30PM sharp. Corner of Martin Place and Pitt St.



WELCOME TO FORMATION NIGHT

25 May 7pm

YOUNG ADULTS

St Mary's Church, 6 Raglan St, Manly

PIETY STORE

Ignatius of Loyola – sinner – soldier – saint A thought provoking and entertaining movie on the founder of the Jesuits. From a hot-headed soldier to one of the greatest saints of the Church. Only \$10 @ the piety store.

Christopher Columbus – hero or villain Not long-ago Christopher Columbus was revered as a hero. Today, he is branded an “imperialist oppressor”. Fascinating insights and facts on a trail blazing and virtuous Catholic explorer. Only \$5.

Diocesan Mass Count during May

As you are aware the Diocesan Mass Count takes place over four weekends in May. The figures from all the parishes are sent to the Diocese so that together, we may all better serve the People of God in Broken Bay.



PASTORAL WORKS MAY APPEAL

“Your generosity with our Pastoral Works Appeal helps us go further and wider in helping our community in Broken Bay, and more deeply connect us to our vision and the Mission of Jesus Christ. I am deeply grateful for your support.” *Most Rev Anthony Randazzo*

Envelopes will be available in the pews.
Donations are 100% tax deductible.



DEFIBRILLATOR DEMONSTRATION Freshwater Church is now on Sunday 26th May at 10am.

JUNE MINISTRY ROSTER IS AVAILABLE IN THE CHURCHES

PARISH WEEKLY EVENTS

- Cenacle of Our Lady: Tues 9:45am Manly Church
- Craft Group: Tues 10:00am Parish Centre
- Eucharistic Adoration: Weds 6:00pm Manly
- Lectio Divina: Tues 7.30pm & Weds 10am Parish Centre
- Piety Store: open on weekends or call the Parish Office
- Prayer Group in Spanish – 2nd & 4th Friday 6pm Parish meeting room
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822
- Rosary: Freshwater Tues – Fri 8.45am in Church
- Youth Group (Yrs 7 – Yr 12): 1st & 3rd Sunday 7pm – 9pm

PARISH MONTHLY EVENTS

- Anointing Mass: Manly & Freshwater 1st Friday 9:15am
- Parish Pastoral Council: contact Parish Office
- St Joseph Men's Group: 1st Thurs of the month 7pm
- St Vincent de Paul: Manly & Freshwater Conferences 2nd Mon each month 5:30pm



FEAST OF ST ANTHONY OF PADUA Sunday 16th June 2024

At St John the Baptist Church, Freshwater. Program as follows...

- 1:00pm Confessions
- 1:30pm Holy Mass celebrated by Fr Anthony Fregolent with blessing of the bread and children during the Mass.
- 3:30pm Holy Procession accompanied by the Italian Brass Band of Giuseppe Verdi and escorted by the Italian Carabinieri in their colourful uniforms.



PARISH GIVING

Thank you for your generous support. We encourage you to use the tap machines at the Church entrances. If you prefer to use cash there will be **ONE** collection during Mass at the offertory at Manly and **TWO** at Freshwater.



PILOT PROGRAM –The Diocese has agreed for Manly to pilot a **ONE COLLECTION** at the weekend Masses. The Diocese will continue to monitor this. The collection is for the First and Second Plates and will be allocated as follows:

- 25% to Supporting our Priests including the sick & retired in our Diocese.
- 75% to Parish operations and maintenance of building.

SUPPORT OUR PARISH & PRIESTS

FINANCIALLY by using one of the following...

1. **Planned Giving:** through a monthly **direct debit** or **credit card**. Please contact the parish office for more information 9977 5822.
2. **Collection plates during Mass**
3. **Tap and Go machines** using your credit/debit card or **EFTPOS Terminals**.
4. **Scan to Donate** using the QR code to access our BPoint Donation page.
5. **Direct into Parish Bank Accounts**
 - **2nd collection Parish Bank Account** Funds the running of the Parish
Account Name: Manly Freshwater Parish
Bank Name: Commonwealth Bank
Account # 100002025 BSB: 062 784
 - **1st collection** Supports our Priests
Account: Manly Freshwater Parish Pastoral
Bank Name: Commonwealth Bank
Account# 13958002 BSB: 062 784

HAS YOUR CREDIT CARD EXPIRED?

If you donate to the Parish using your credit card please let us know if you have a new card or the card has expired by contacting the Parish Office 9977 5822 or email manlyfreshwaterparish@bbcatholic.org.au

DIRECT DEBIT FROM BANK ACCOUNT

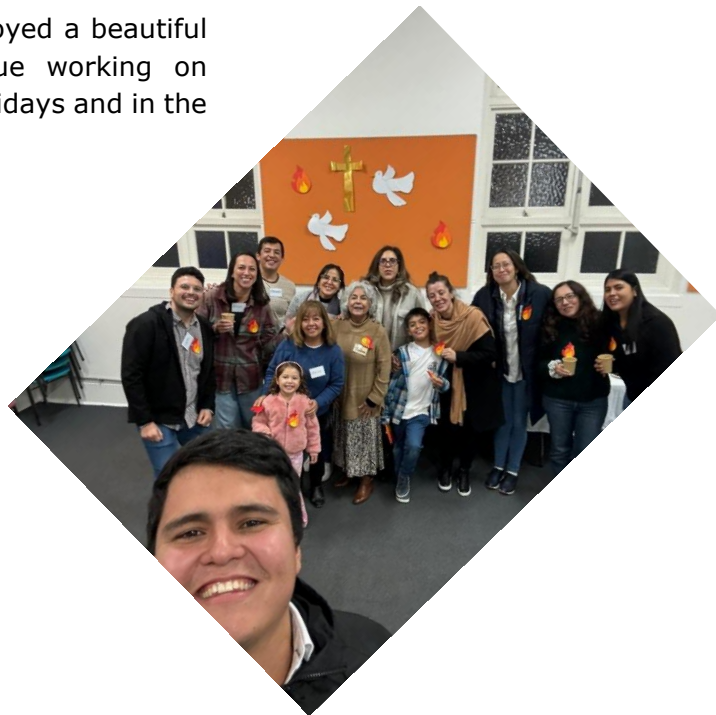
Please consider changing your giving from a credit card deduction to a direct debit from your bank account. Please contact the parish office to have this set up automatically for you.

CONFIRMATION DAY

Last Saturday we celebrated the Sacrament of Confirmation with 94 children and 1 adult coming together. Bishop Anthony spoke to the candidates about sharing the gifts of the spirit by being witnesses in the world.



PENTECOST RETREAT – The Spanish Community enjoyed a beautiful day last Sunday and were very excited to continue working on evangelization in our days of Preaching and prayer on Fridays and in the future holding more days of worship and reflection.



Fr Chima met and addressed our Youth Group last weekend.



Our Young Adults Group took part in celebrating the Sacrament of confirmation of Madeline – one our group members.

JOIN US THIS SEPTEMBER FOR
A PILGRIMAGE TO:

POLAND

&

MEDJUGORJE



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WARCKIE • CZĘSTOCHOWA (JASNA GÓRA) • OŚWIĘCIM
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• WADOWICE

• MEDJUGORJE • MOSTAR • KRAVICA WATERFALLS
• DUBROVNIK • NEUM • SARAJEVO

• Dates: 7-23 September • Cost - land only \$4.5K



FOR BOOKING SCAN
THIS QR CODE
OR VISIT OUR
PARISH OFFICE

6 RAGLAN ST,
MANLY 2095

MON-THUR 10AM TO 4PM

FOR MORE INFORMATION

SCAN THIS QR CODE
OR USE THE LINK:
<https://www.bbcatholic.org.au/manly-freshwater/news-events/calendar-of-events>



To express interest or ask questions you may contact marek.woldan@bbcatholic.org.au

To express an interest in the Pilgrimage or for more information please contact Fr Marek Woldan on marek.woldan@bbcatholic.org.au.

The parish office has copies of the pilgrimage itinerary and what to expect.

Come in and pick up a copy.

The Most Holy Trinity– Year B

NOTE: The readings for the Family Masses will be taken from the Children's Lectionary.

First Reading *Deuteronomy 4:32-34, 39-40*

A reading from the book of Deuteronomy

The Lord himself is God in heaven above and on earth below: there is no other.

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors - all this that the Lord your God did for you before your eyes in Egypt?

'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

The word of the Lord. **All: Thanks be to God.**

Responsorial Psalm *Ps 32:4-6, 9, 18-20, 22*

R. Happy the people the Lord has chosen to be his own.

The word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. R.

By his word the heavens were made, by the breath of his mouth all the stars. He spoke: and they came to be. He commanded; they sprang into being. R.

The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine. R.

Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you. R.

Second Reading *Romans 8:14-17*

A reading from the letter of St Paul to the Romans

You have received the Spirit that makes you God's own children, and in that Spirit we call God: Father, our Father!

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves

bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord. **All: Thanks be to God.**

Gospel Acclamation *cf Revelation 1:8*

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.

Alleluia!

Gospel *Matthew 28:16-20 (JB)*

A reading from the holy Gospel according to Matthew

Baptise them in the name of the Father, and of the Son, and of the Holy Spirit.

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'


The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.




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E: stpauls@dbb.edu.au

Parish Priest: Fr Chima Ofor
manlyfreshwaterparish@bbcatholic.org.au

Assistant Priest: Fr Marek Woldan
marek.woldan@bbcatholic.org.au

Seminarian: Matthew French

Parish Secretary: Jenny Beninati
manlyfreshwaterparish@bbcatholic.org.au

Mary Immaculate Church (Parish Office)
6 Raglan St, Manly 2095

Parish Office: Mon to Thurs 8:30am – 4:30pm
Phone: 9977 5822

manlyfreshwaterparish@bbcatholic.org.au
www.bbcatholic.org.au/manlyfreshwater

St John the Baptist Church
cnr Johnson & Oliver St, Freshwater 2096

Presbytery: 9977 2100

After Hours Sick Calls: 0499 910 010

Parish Pastoral Council:

Michael McGrath (Chair); Ivica Covic (Deputy
Chair); John Zemek (Deputy Chair); Val Buono;

Patricia Carroll Margaret Dent; Robert Marshall;
Peter Nacard, Ian Press, Katalina Taefotu

Weekend Masses:

Manly: Saturday Vigil 6:00pm

Sunday 8:30am, 10:30am, 6:00pm

Freshwater: Saturday Vigil 5:00pm & Sunday 9am

Weekday Masses: Manly & Freshwater

Tuesday – Friday 9:15am

Baptisms: please contact the parish office

Reconciliation: Manly Sat 10am – 11am

St Mary's Primary School 7256 2135

Principal: Paul McGuire

St John the Baptist Primary School 9939 6699

Principal: Alicia van der Merwe

St Paul's Catholic College 9977 5111

Principal: Michael Reid

Stella Maris College 9977 5144

Principal: Elizabeth Carnegie



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